

Confirmation 2026: Sponsor and Candidate Conversation Questions

Thank you for your role as a Confirmation sponsor. The role of sponsor is one of companionship and not perfection. Your time with the candidate allows you to share your own faith story while allowing the candidate to ask questions and listen. Good sponsorship is based on your willingness to share your experiences of being Catholic with the candidate and explain how you continue to grow in your relationship with God.

Confirmation candidates will share the following conversations with their small groups during faith nights. These conversations will lead to an open discussion on how to live a life of faith. Allow at least thirty minutes of discussion time for each set of questions. Candidates are to use the following questions to generate conversations with their sponsor. Candidates should listen first and then form written responses.

Remember, *the sponsor is the one providing the answers* to these questions. Think of having a conversational interview between the candidate and the sponsor. Candidates should be learning about their sponsor, while thinking about how they would answer if they were asked the same questions.

Sponsor Conversation Questions #1, due on November 9, 2025

- How did you become Catholic? Were you baptized as an infant or did you complete an RCIA program?
- What is your first memory of Mass?
- In what ways do you feel celebrating the Eucharist every week strengthens you to live as a Catholic? Did you ever have a time when you did not like going to Mass? Do you like going to Mass now? What caused you to change?
- How do you define the word “holy”? Who would you call “holy” in your life? What challenges do you face when you are trying to live a life of holiness?

Sponsor Conversation Questions #2, due on February 1, 2026

- How do you pray? Do you have a favorite place or a favorite time to pray? Do you ever find it difficult to pray?
- Have you ever had a time in your life when you struggled to believe in God? How did you keep your faith in the end?
- Explain the people and events in your life that have been significant in the deepening of your faith.

Sponsor Conversation Questions #3, due on March 1, 2026

- What are your thoughts and feelings about sin, forgiveness and the Sacrament of Reconciliation? What do you do when you find it difficult to forgive someone who has hurt you? What does forgiveness mean to you?
- How are you involved in your church? Do you have special gifts and talents you use to serve others?
- If you could ask God one question, what would it be?