

# Confirmation 2026: Bishop Barron Assignment

## Choosing Your Confirmation Name

As a candidate for the celebration of the Sacrament of Confirmation, you have the right, privilege and responsibility to choose a name. You have two options for choosing a Confirmation name:

- You may choose your baptismal name, your regular first name. This choice shows the connection between Baptism and Confirmation. To choose to use your baptismal name demonstrates that you feel there has been a continual growth in your faith and you now wish to continue this growth through Confirmation.
- You may choose the name of a saint or person who inspires you. Learn as much as you can about the person or saint before you make your decision. Your teachers and parents can help you find resources on saints.

“To choose a new name symbolizes a new beginning in your faith life and a connection with a special person or saint who will be a model for you to follow. This choice would be especially appropriate if you feel you are making a renewed commitment to your faith. Your renewed commitment would be symbolized with your taking a new name to show that you are in some ways a new person.” (*Pflaum Publishing Group, 2010*) In the Bible, people often took on a new name when they were called to conversion, to live a new life (Abram became Abraham; Sarai became Sarah; Saul became Paul; Simon became Peter). Are you being called to a new life as well?

### So, what to do?

1. Think about it. Would you like to choose your baptismal name or a new name?
2. Talk about it. What do your parents think about your choice?
3. Pray about it. Ask the Holy Spirit to guide you as you choose a saint as your patron/patroness.
4. Watch Bishop Robert Barron’s video on Confirmation names: [Bishop Barron on Confirmation Names - Word on Fire](#)
  - What is Bishop Barron’s Confirmation name? How did he grow into that name?
  - Why is Confirmation called a “character” sacrament?
  - Who is Bishop Barron’s favorite saint? Why?
5. Visit [www.formed.org](http://www.formed.org) and read about the saints or watch a movie about a saint. <https://watch.formed.org/mother-teresa-1> is just one example.
6. The **assignment** - write a reflection, a 3 paragraph paper using the following template:
  - Paragraph one – answer the above questions about Bishop Barron’s video.
  - Paragraph two- Explain three interesting facts about the saint you explored on Formed or using another resource. This saint does not have to be the name you use for Confirmation.
  - Paragraph three- Explore what you think will be your Confirmation name. Will you keep your baptismal name or select a new name? State reasons to support your answer. The name you choose now does not have to be your final choice. (Your final choice of a Confirmation Name and Sponsor is due by **February 23, 2025**.)

Your typed reflection is due by **February 1, 2026 at the Confirmation Retreat**. You may bring your typed reflection with you to the retreat, email it to [lvoncheck@sjohio.org](mailto:lvoncheck@sjohio.org), drop it off at the main church office or mail it to St. Joseph Church. Please let us know if you have any questions. You will be expected to share this information in your small group when we meet in person. Please keep a copy for yourself.