

Mission of Hope -- What to Bring List (Please label what you can)	
Work Clothes -- Cotton recommended	Play Clothes -- Cotton Recommended
Sturdy Pants and/or Jeans	Mission Trip T-shirt (with name inside)
Shorts (No boxer-type or short-shorts)	Slacks
Shirts	Shorts (No boxer-type or short-shorts)
Work shoes or boots	Tennis Shoes
Sweatshirt, Sweater or Jacket	Sweater, Sweatshirt or Jacket
Raincoat or Poncho	Raincoat or Poncho
Other Items	Other Items
Bathing Suit & Towel (as needed)	Decent Night Clothes (T-shirt with Shorts and/or Pants Recommended)
Underwear	
Socks	Flip-flops for shower use
Deodorant	Sandals
Toothbrush & Toothpaste	Hat and/or Bandana
Shampoo / Conditioner	Sunscreen
Bath/Facial Soap	Insect Repellent
Shaving Items	Sunglasses
Brush and/or Comb	Aloe or Lotion for Sunburn
Plastic Bags for Soiled Clothing	Medication ***** (We will have first aid kits)
Bath, Hand Towel and Washcloths *	Personal Items
(6) Clothes Pins (with name on them)	Bible (will be needed daily)
18-gallon Rubbermaid Tote – Labeled **	Journal with Pen and/or Pencil
	Phone Charger
Duffle Bag or Sturdy Trash Bag - Labeled	Book
Bed Roll or Sleeping Bag	Small Radio or CD Player with Headphones
Pillow	Cereal and Snacks to Share
Sheet	Re-usable Water Bottle - Labeled
Air Mattress, Twin-size	Quiet-time Games for Recreation Time
* Disposable washcloths work well.	
** Please use 4 pieces of duct tape to hold down the top of your tote. Label top with your name.	
*** Mission Trip T-shirts will be worn for traveling and for off-site visits but not on the work sites.	
**** Under 18 must turn in medication & medication form to the trip nurse prior to departure.	
Personal Tool Suggestions – All must be labeled with your name	
Hammer	Pliers
Tape measure	Phillips & slotted screwdrivers
Paint scraper / Putty knife	Paint brushes (1-trim & 1-other)
Tool belt or work apron	Work gloves (maybe 2 pair)
Safety glasses or goggles	Tool pouch, backpack or bag to carry tools